
About us:

A'vue welcomes individuals and families suffering from addiction and/or mental health problems. A'vue is a Chicago-based wellness practice that offers specialized Outpatient Psychotherapy services to match the needs of those we serve.

Our dedicated and experienced staff are passionate about helping people improve their lives and as they learn to cope with everyday problems. We serve the whole person, because integrating the mind, the body and the community are essential in optimizing a person's quality of life.



Experience Change



Call to Schedule a FREE Confidential
Phone Assessment

Phone: (833) 444-AVUE

Email: [info@](mailto:info@avueaddictionconsulting.com)

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A'VUE ADDICTION CONSULTING, LLC



TELL ME, AND I
FORGET; SHOW ME,
AND I REMEMBER;
INVOLVE ME, AND I
UNDERSTAND.





A'vue Addiction Consulting, LLC is located in Chicago's River North area and in Downtown Park Ridge, IL.
Access to Brown Line and Metra

TESTIMONIES:

"I have zero complaints about this service. Every aspect of my family intervention was taken care of. My family could not have had a successful intervention without the dedicated help from A'vue!"

"Very professional approach. Detailed, accurate and straightforward assessment."

"It was nice not to be rushed to the end of our session. The counselors clearly have a passion to help others and work really hard to satisfy every need."

"A'vue staff helped save my life. I can't ever repay that, but all I can say is thank you!!"

"I had a family intervention and I was completely satisfied with this service! Staff was available to my family and me at all times, and the intervention could not have gone smoother. This service was invaluable to my family; and I would highly recommend these services!"



REVITALIZE YOUR LIFE BY EXPERIENCING THE SENSATION OF WELLNESS

Health and wellness are the greatest gift you can give yourself. Moving towards a lifestyle of wholeness, balance, and resilience is a worthwhile effort in establishing a future of peace. Celebrate your courage and commitment as you journey through the process of change.



CLINICAL INTERVENTIONS/TRANSPORT:

An intervention is one of the most important parts of the recovery process because it activates the spirit of change. A'vue will help guide a family or loved one through the intervention process by providing education, support, empowerment, resources and most of all, HOPE. Our Interventionists are clinically trained and skilled in a variety of approaches that can fit the needs of any family.



Clinically Trained



Family-Systems Approach

INDIVIDUAL/COUPLES/GROUP PSYCHOTHERAPY:

Therapy with A'vue aims to facilitate change and improve the quality of life for an individual or couple. Our strength-based process can help confront barriers that interfere with someone's emotional and mental well-being, which can increase positive feelings such as compassion, self-esteem, love, courage, and peace. Our therapists are expertly trained and have decades of clinical experience.



Strength-Based Approach to Therapy



Emotionally- Focused Therapy for Couples

ADVENTURE THERAPY/COACHING

A'vue will guide individuals, couples or groups through a therapeutic experience that uses adventure activities to translate recovery principles or daily life skills metaphorically. This type of Exposure Therapy draws raw emotion which allows a clinician to teach clients to troubleshoot options and cope with feelings in real-time. Put therapy into action and feel the sensation of recovery.



Individual and Team Skill Building Sessions



Day/Weekend Recovery Retreats